QCD and String Theory (A modest title for the NNPSS)

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Nuclear physics at low temperatures:



"Low" temperature nuclear physics of a dilute pion gas.

Nuclear physics at modest temperatures:



At modest temperatures the pion density increases like $n_\pi \propto \left(rac{T}{\hbar c}
ight)^3$



Nuclear physics at high temperatures:

Non-abelian plasma is special:

- 1. Ultra-relativistic
- 2. Non-linear

Expect a transition at for temperatures $T \sim m_\pi c^2 \simeq 140 \, {\rm MeV}$

How nonlinear? The strong coupling constant at finite temperature:



The real QGP is neither completely weakly nor strongly coupled making life hard!

Lattice QCD and the QCD equation of state:



Compute the equation of state by sampling fields with the statistical weight:

$$Z \sim \int [DA] e^{-S_{QCD}[A]}$$

The largest single computational project in human history!

The QCD Equation of State

(Budapest-Wuppertal Collaboration)



1. The "critical" energy density and temperature are

$$e_c \simeq 1 \, {\rm GeV/fm}^3 \qquad \qquad T_c \simeq 160 \, {\rm MeV}$$

2. The EOS state should be computable at high temperatures

$$p(T) = T^4 \left(1 + g^2 + g^3 + g^4 + g^5 + g^6 \log(1/g) + \ldots \right)$$

The equation of state is close to ideal gas – but important 20% deviations exist.

Discussion influenced by, Braaten and Nieto, hep-ph/9508406, and 9501375. Also influenced by discussions with Mike Strickland High lemperature Plasma $\frac{\gamma = 2:8}{\sqrt{8}} = \frac{\pi^2 T^4 (\gamma_{g} + \frac{7}{4} \gamma_{g})}{8}$ · Ideal Gas of massless quarks and gluons & Vn = (1, p) - light like Vectors Olg2) Corrections : a medium induced mass is given to all particle m² ~ g² T² « dimensions Then the energy density is corrected $E \sim \int d^3p \in n(\omega) \qquad n(\omega) = \int e^{E_p/T} - 1$ $E_p = \sqrt{p^2 + m_{o}^2} \simeq p + m_{o}^2$ this gives the Z_p first correction

O(q3) Corrections: A A The hard particles create a bath of softer excitations with prgT Propagators 1 (for electric modes) p² + m² (but still 1/p² for magnetic modes) $\mathcal{E}_{glue} \sim \int d^{3}\rho \mathcal{E}_{p} \mathcal{D}(\mathcal{E}_{p})$ $\sim (gT)^3 \in T$ we used $n(E_p) = \frac{1}{e^{E_p/T-1}} \sim \frac{T}{E_p} \sim \frac{T}{gT} \sim \frac{1}{g} \ll \log e^{\frac{1}{g}}$ Since the number is large these modes are approximately classical in nature

Higher Orders First order where coupling runs. Describes g2(n) -> g2(2TTT) O(q4) O(q5) Determines the renormalization of the Debye sector g²(m_p) 0 (g6) The magnetic modes become important, p~g2T $n \sim \langle A^2 \rangle$ $n \sim T \sim L$ Thus for these A~ 1 modes : Thus the interactions become inteinsically non-perturbative (and non-abelian) id-gA order unity The appropriate theory to describe these modes is Magnetic QCD = MQCD Lattice simulations show that a mass (gap) develops in this theory and magnetic

fields are damped out. It is for these reasons that the long wavelength Effective theory of the QGP is hydro rather than some non-abelian generalization of magneto-hydro.



A disaster!

Reorganization of the Perturbative Expansion (HTL PT)
• want to perturb around a state of
massive quasi-particles
Take a scalar theory

$$\mathcal{L} = -100^{2} - \lambda 6^{4}$$

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The mass
 $\mathcal{M}_{th} = m_{th}^{2} - \lambda \int d^{3}p \prod_{p} p$
or
 $k \lambda k = m_{th}^{2} - \lambda \int d^{3}p \prod_{p} p$
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QCD is much more complicated Hard Picture R Se V.Q V.) eikonal, Mintegrate or stra ove p direction line. The "mass" term QCD is or straight in $\frac{1}{2} = \frac{1}{2} m_{p}^{2} \frac{1}{m_{q}} \frac{1}{m_{q}}$ $\frac{dR_{v}}{4\pi} \frac{v_{p}^{x}v_{p}^{y}}{(v_{p}\cdot D)^{2}} \frac{G^{m}}{B}$ L covariant derivative

Hard Thermal Loop Perturbation Theory

 $G^{\mu}_{\ \beta}$



where



provides a mass term

 $\int \frac{\mathrm{d}\Omega_v}{4\pi} \frac{v_{\boldsymbol{p}}^{\alpha} v_{\boldsymbol{p}}^{\beta}}{(v_{\boldsymbol{p}} \cdot D)^2}$

Hard thermal loop self energy+vertices

then work very hard . . .



Result

from Braaten, Andersen, Strickland, Su



Gives a much better agreement with lattice results! But . . . EQCD resummation scheme gives similar results

Comments on Mike's Plot • There is some (rather small) uncertainty in how the mass is determined · There are largeish scale uncertainties . The NNLO correction is largish (the largest) It is unclear to me how serious this is. It may simply be a consequence of new physics (running coupling) appearing at NINLLO Why Study N=4 SYM? And Gauge Gravity Duals · We have a very elaborate theory of weakly coupled quasi-particles. Good to have a foil for these calculations (There are some similarities and some differences) · Extremely Interesting in its own right (and very physical) · At least with coarse glasses the theory effortlessly and naturally produces what we're seeing · Hydro every Where · Rapid thermalization, etc

Entropy of Super Yang Mills Theory at Large N_c

1. The coupling constant in Super Yang Mills Theory

$$\underbrace{\lambda = g^2 N_c}_{} = 4\pi \alpha_s N_c$$

"theorist's" coupling

2. The entropy is function of coupling



(a) Weak coupling (quasi-particles), $\lambda \ll 1$

$$\frac{s}{s_0} = 1 \underbrace{-\frac{3}{2\pi^2}\lambda}_{\sim g^2} + \underbrace{\frac{\sqrt{2}+3}{\pi^3}\lambda^{3/2}}_{\sim g^3} + \dots$$

The Entropy of Super-Yang Mills Theory vs. λ

• Strong coupling result, $\lambda \gg 1$:



At strong coupling, all of those interactions add up to $\sim 25\%$ correction

References: 1. My favorite d'Hoker and Freedman. hep-th/0201253 2. The disscussion follows, Teaney and Schaefer, Section 4. Overview of Ads (CFT correspondence EThe AdS/CFT correspondence is an equivalence between. N=4 SYM theory at large & and large Nc and type IIB supergravity on Ads x S5 (A five dimensional space) N=4 SYM Gravity 3+1 dimensional 4 +] Operators (Orresponding sources TUNY 3 4 gab JA Aa 5 radial (direction v, m=0, 1, 2, 3 a, b=0, 1, 2, 3, 4

Picture of AdS Space <u>our word - boundary</u> $r = \infty$ f(r) dimension t + 4 F withy C induced $ds^2 = r^2 (-f(r) dt^2 + dx^2) + L^2 dr^2$ $f(r)r^2$ gravity r=1 Black brane 3+1 dimensional surface We are to solve for the fields in this five dimension. This determines the charges at r= 20, The Ads space acts like a parallel plate capacitr With The Add space ats like a parallel plate capacitor, with a reflecting upper wall (the boundary) and an absorbing lower wall (the black brane) You can see this by studying geodesics in this 5d-space mdzxa + Ma xaxb =0 dzz + bc xaxb =0 particle reflecting refi off the boundary and falling into the black brane

The AdS Black Hole

$$ds^2 = \underbrace{\frac{r^2}{L^2} \left(-f(r)dt^2 + d\mathbf{x}^2\right) + \frac{L^2}{f(r)r^2} dr^2}_{\text{AdS geometry}} \quad \text{where} \quad f(r) = 1 - \left(\frac{r_o}{r}\right)^4$$

Gravity



I'm not seeing the QGP here!

The AdS Cavity with Hawking Radiation



The fluctuations are small in large N_c , justifying the classical gravity approximation

The AdS Cavity with Hawking Radiation



The fluctuations are small in large N_c , justifying the classical gravity approximation



Its physics not math!

Gauge-Gravity Duality

Quark

Gravity

 \rightarrow

Gauge-Gravity Duality



5D equilibrium is a competition between dissipative gravity and hawking radiation:

classical probability $\propto e^{-eta H[x,\pi_x]}$

Again, its physics not math!

Calculation of The Pressure of SYM (by analogy) The T In a contonand directed Mass below EH + + + + + + Parallel Plate Gravity Potential Ø I ab Field E re ~ dq $\nabla \cdot E = p$ EOM Rab - I Rgab + A gab = K2T as After solving the equations find metric. Then we need to find the surface charge/stress $\sigma = \overline{n} \overline{E_{out}} - \overline{n} \cdot \overline{E_{in}} \qquad \overline{\tau}^{m} = -\frac{1}{v^{2}} \left[\overline{k}^{m} v - \overline{k} \cdot \overline{v}^{m} \right]$ Jump in extribusic curvature $= -n \cdot E$ $K_5^2 = 8TTG = 4TT^2$ M_c^2 newton N_c^2 $k = n \Gamma^{a}$ Constant

Find $\frac{\mathcal{E} = p = N_c^2 (\pi T)^4 = (ideal gas)^3}{3 8\pi^2}$

Greatly influenced by, Arnold, Moore, Yaffe, hep-ph/ 0209353. For a review with progress to "NLO" see Ghiglieri and Teaney arXiv:1502.03730. Iransport in QCD Want to compute how long it takes to transport energy and momentum, the shear-visosity F× $= - \gamma \partial u_{x} = T^{01x}$ Now the momentum diffuses from the lower to upper stream, So - after some time have the following picture * 14 Y=0 The C+pilin +pj The momentum transferred is Tor = (etp) ux = (Tox dy 1 px 04 = ((e+p) Aux(y) (e+p) aux dy -5

$$\Delta p^{X} = -(e+p) \frac{\partial u^{X}}{\partial y} \frac{\Delta y^{2}}{2}$$
Now the process is diffusive:

$$(\Delta y)^{2} = 2D_{Y} \Delta t$$
So

$$\frac{F^{X}}{A} = \frac{\Delta p^{X}}{A\Delta t} = -(e+p) D_{Y} \frac{\partial u^{X}}{\partial y} = -\frac{\gamma}{2} \frac{\partial u^{Y}}{\partial y}$$
Showing

$$\frac{D_{Y}}{A} = \frac{\gamma}{A\Delta t} + \frac{\zeta}{2} + \frac{\zeta}{2}$$

Plots of energy density in a heavy ion collision:



Viscosity diffuses out fluctuations!

Estimate of Shear Viscosity - Weakly Coupled • Use Kinetic Theory $(\partial_t + v_p \partial_t) f = -C[f]$ rough model of this $(\partial_t + v_p \partial_t) f = -C[f]$ T_R Assumes that the debroglie wavelength is Short compared to distance (time between collisions Three processes 1) Collisions Ccoll [f] (2) Momentum Diffusion Coiff (SS] 3 Collinear Bremmsstrahlung Cbrem [] The total relaxation rate is C[f] = sumof these (1) Collisions (Hard - Randomizing Collisions) T t coll ~ 1 $D \sim T^3$ T T T T 5~ 94 T² Thus the momentum relaxation time for this process is

of order $\frac{\tau_{p} \sim 1}{g^{4}(\tau)T} \qquad \frac{\gamma}{s} \sim \frac{\tau}{r} T \sim 1$ i.e. it is large when g is small 2) Diffusion of Momentum It is a random Sta-gr 3 process. The mean squared momentum increases with time $(\Delta p)^2 \equiv q + coefficient$ $(\Delta p)^2 \equiv q + coefficient$ tsc~ I g2T $\Delta p^2 \sim N_{coll} q^2 \sim t (gT)^2 \sim t l (gT)^2$ 1/927 t $\Delta p^2 \sim q^4(m_p) T^3 t$ estimate of momentum diffusion coefficient Normally define gsoft $(\Delta p)^2 = \hat{q}_{soft} t$ R mean

Then when $(dp)^2 - T^2$ the momentum is fully relaxed. This happens when $t = T_k$ is $\frac{T_R \sim T^2}{\hat{q}_{soft}} = \frac{1}{g^4(m_p)}T$ agin $\frac{\gamma}{\xi} \sim \frac{1}{g^4(m_0)} \sim \frac{T^3}{\hat{q}_{soft}}$ 3) Collinear Bremstrahlung time between kicks t_{se}~ Vg²T XP (1-x)P · The changed particle is acclerating due to diffusion. Relativistic particles radiate. Every kick has a probability of g2 of radiating i.e. it takes 1' soft kicks before you radiate - Thus the time scale for a radiation is $t_{rad} \sim \frac{1}{g^2} \qquad t_{rad} \sim \frac{1}{g^4 T}$

A radiation completely changes the momentum TR~ trad ~ 1 guT Thus $\frac{\gamma}{\xi} \sim \frac{1}{\xi'}$ Linear Responsed Shear Viscosity All CIT How to compute the conductivity Turn on a time $E(t) = E e^{iwt}$ dependent electric field $J = \sigma E^{*} = \sigma F^{*} t$ Then since $E^{(t)} = -\partial_t A^{(t)}$ $J^{*}(\omega) = +i\omega\sigma A^{*}$ green function For the shear viscosity we have something Similar

Real calculation of η/s at LO



At leading order you can get whatever you want for $\eta/s!$

Calculation of η/s at NLO



For any reasonable value of the coupling the first correction is huge! Correction is dominated by $\hat{q}_{\rm soft}$

A radiation completely changes the momentum TR~ trad ~ 1 gut Thurs $\frac{\gamma}{\xi} \sim \frac{1}{3^4}$ Start of strong coupling calculation of shear Linear Responsed Shear Viscosity viscosity. The orginal paper, hep-th/0205051, is very clear. How to compute the conductivity Turn on a time E(t)= E e dependent electric field $\overline{J}^{\times} = \sigma \overline{E}^{\times} = \sigma \overline{F}^{\times}_{+}$ $E^{\times}(t) = -\partial_t A^{\times}(t)$ Then since $J^{*}(\omega) = +i\omega\sigma A^{*}$ green function For the shear viscosity we have something

$$T_{xy}^{(t)} = h_{xy}^{o} e^{i\omega t}$$

$$F_{xt}^{y}$$
Create Earces (per area) by turning on
a gravitational field. The induced forces (stress)
compensate the gravitational ones

$$T_{x}^{y} = \gamma \Gamma_{xt}^{y} = -\gamma \partial_{t}h_{xy}$$
This follows from the hydro eqns

$$T_{x}^{y} = -\gamma \nabla_{x}u^{y} + \nabla^{y}u_{x} - 2S_{x}^{y}\nabla \cdot u$$

$$T_{x}^{y} = -\gamma \nabla_{x}u^{y} + \nabla^{y}u_{x} - 2S_{x}^{y}\nabla \cdot u$$

$$T_{x}^{y} = +i\omega \gamma h_{xy}^{o}$$
Find

$$T_{xy}^{y} = +i\omega \gamma h_{xy}^{o}$$
Doing Linear Response in AdS/CFT

$$f_{xy}^{(u)}$$
Black Hole r=1

 η/s from AdS/CFT



Solve and evaluate the induced stress from the discontinuity in the extrinsic curvature

a Turn on an external field have in the boundary (2) Solve for the steady state solution in the interior $h_{xy}(t,r) = h_{xy}(r)e^{-i\omega t}$ Technically this means that we solve the wave equation with the constraints that hxy(r,t) ->> h°xy And require that the waves are ingoing at the horizon (3) Once we have the steady state solution we may evaluate the boundary Stress. Find Txy = +iw 2 hxy Where $\frac{1}{5} = \frac{1}{4\pi}$



Summary Weak Coupling -> Dressed Quasi-particles p~T Àdebrog~ t c T AM -> Zdebrog T K TR Then Tr~th was the time scale R git for order 1 change in momentum $\frac{\gamma}{2} \sim \tau_R T \sim \frac{t}{3} \gg t$ Thus · Strong Coupling n=th e any notion of independent quarks & gluons is impossible Since debroglie wavelength is the same order as the relaxation tame

Thermalization of Strongly Coupled Plasmas

The Setting Iwo nuclei pass through each other Picture at time It stuff at position z is moving with velocity 4 7 $V^2 = \frac{7}{2}$ At early times the expansion is fast. Indeed the expansion rate is $\frac{e_{x pansion}}{rate} = \frac{1}{\sqrt{dt}} \frac{dV}{dt} = \frac{1}{\sqrt{2}} \frac{\sqrt{2}}{t} = \frac{1}{t}$ We should compare the collisional

rate to the expansion rate. For Hydro, to be valid require $\frac{1}{\tau_R} >> \frac{1}{\tau}$ collisional expansion rate x²T>><u>1</u> 5 TT l.e. $\frac{1}{\alpha_{s}^{2}}$ Gr

Bjorken Expansion at weak coupling:



• Condition for hydro to apply:



Find:

1. For a fixed coupling α_s , need $T\tau$ larger enough to have hydro

$$\frac{1}{\alpha_s^2} \ll \tau T$$

Bjorken Expansion at weak coupling:



• Condition for hydro to apply:



Find:

1. For a fixed coupling α_s , need $T\tau$ larger enough to have hydro



Strong coupling answer:

• Find at strong coupling must have

$$0.65 \lesssim \tau_o T_o$$

(M. Heller et al, PRL)

before we can use (viscous) hydro

- I will review work of Michal Heller, R. Janik, R. Pechanski
- See also recent work by Keegan, Kurkela, Romatschke, van der Schee, Zhu

The setup

• Specify intial conditions and solve



- Immense number of initial conditions with the same initial energy density
 - * Specify initial conditions in the fifth dimension
- Specify an *effective* temperature $T_{\rm eff}(au)$ from the energy density at all times

energy density
$$(au)~\equiv$$
 (constant) $\left(T_{
m eff}(au)
ight)^4$

Result:



Remarkably fast convergence to the universal hydro regime

But, viscous (anisotropic) corrections are important for everything



Viscous (anisotropic) corrections are important for *all* observables. Hydrodynamics is seemingly much more robust than what one expects!